



**Barrowford**

Primary School

Learn to Love, Love to Learn

**Positive Touch  
Policy**

## Positive Touch Co-ordinator – Helen Lewin (Inclusion Lead)

The Positive Touch has been specially designed to bring nurturing touch, experiential learning into the classroom. It uses the body's own resources to help promote the improvements in concentration, attention and communication. It seeks to teach cognitively, self-respect and control.

It is an inclusive initiative.

It provides teachers with a tool to empower inform and develop assertiveness in children. It introduces empowering assertive language. This enables children to practice asking for and giving permission to touch. Thus it explains the individual's right to choose for him/herself.

It embraces the language of choice, self-knowledge and control.

The work allows the classroom to become calm, safe, nurturing place. Children enter into dialogue that is interactive, responsive and respectful. There are considerable exchanges of information from peer giver to peer receiver.

It is a structured discipline, short and practical.

Children learn by being involved or watching their friend.

The positive touch sessions stimulates the imagination, concentration and tolerance levels as they become sensitive to one another. They learn by practice. They internalise the information because they use all their senses during the session.

The teacher is the practitioner who can work alongside the school Positive touch Co-ordinator using the Coaching model and having had one day training in the use of strokes, works with the class to facilitate the learning.

The practitioner oversees the stroke review and encourages the children to follow the guidance of the partner.

Every child has the option as to whether to take part in all or part of the session. Some children may wish to have certain strokes omitted. In such a case the giver would have still hands for the duration of that stroke.

Helen Lewin

May 2015

To be reviewed May 2016

Reviewed by Helen Lewin May 2016